



WHAT IS THE EDEN ALTERNATIVE?

Founded in 1991 by Dr. Bill Thomas, the Eden Alternative has the potential of remaking the experience of aging and disability across America and around the world. Proponents of Eden are dedicated to helping to bring meaning and fulfillment to the lives of elders through enlivening environments and eliminating loneliness, helplessness, and boredom.

For more information on the Eden Alternative, visit www.edenalt.org.

DIRECTIONS



FROM THE EAST:

- 🐾 Take I-490 West to Exit 4
- 🐾 Turn right onto Union Street (Route 259)
- 🐾 Drive north to Buffalo Road (Route 33)
- 🐾 Turn left on to Buffalo Road
- 🐾 The Memory Care Residences at Cottage Grove are located at 48 Cottage Grove Circle

FROM THE WEST:

- 🐾 Take I-490 East to Exit 4
- 🐾 Turn left onto Union Street (Route 259)
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- 🐾 The Memory Care Residences at Cottage Grove are located at 48 Cottage Grove Circle



48 Cottage Grove Circle
North Chili, New York 14514
www.rph.org
585-235-9100
www.cottagegroverochester.org
585-594-8720



An Assisted Living Community

Specializing in the care of persons with Dementia

Extend Your Family...

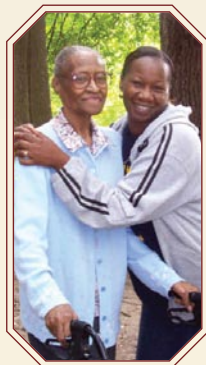
The Memory Care Residences at Cottage Grove welcome elders with early to mid-stage dementia. Treated as honored members of our family, they live and grow in one of our four residences, nurtured by the comforts and routines of home and

family, including pets, plants, and visiting children.

The residences are operated by the Rochester Presbyterian Home, which proudly extends

the Home's mission of caring to North Chili. The residences are one of the first in New York State to offer a residential design that departs from the institutional model dominating elder care. At Cottage Grove, there are no long corridors, nurse's stations, or medication carts—just a warm, welcoming home where residents can thrive and be cared for as individuals.

A place to live and grow...



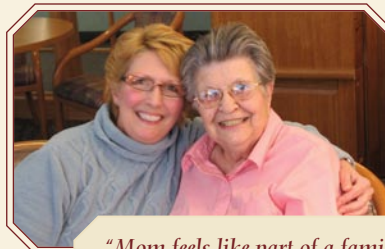
Inspired by the philosophy of the Eden Alternative, the staff of the Memory Care Residences are dedicated to caring for each resident's mind, body, and spirit. We get to know our residents

on a personal level and build genuine family relationships. We accommodate their personal care needs respectfully while preserving their dignity. We nurture our residents' human spirit by helping them grow and find meaning in day-to-day life. *We honor our elders.*

Our neighbors...

The Memory Care Residences at Cottage Grove are located in the center of the Cottage Grove Community, which are operated by Pride Mark Homes. Our residents enjoy the amenities of the Cottage Grove community center and the many walking paths that surround the townhomes and the residences. We welcome students from our neighboring Roberts Wesleyan College and other area

schools to learn and grow through the wisdom of our elders.



"Mom feels like part of a family and I never worry about her being alone."

EACH RESIDENCE INCLUDES:

- Private bedrooms and bathrooms for each of the 12 residents
- A central kitchen, dining room, and living room with a fireplace
- State-of-the-art kitchen
- Two porches
- Secure patio courtyard featuring vegetable and flower gardens

SERVICES INCLUDE:

- Caregivers in each home to help residents with daily tasks such as grooming, cooking, and other activities
- Licensed nurses on staff
- Case management services
- Delicious meals served in a family atmosphere
- Wander protection
- Pastoral care for persons of all faiths
- Daily activities and community outings

For more information, please contact Nancy Smyth at 585.235.9100, 585.509.3987 or NancySmyth@rph.org



Community Center